



Holiday Greetings

from your

*North Carolina Medical Society
Alliance*

Holiday e-News

Holiday Greeting from your President

With the holidays upon us and 2015 drawing to a close, my Holiday wish to you also includes a sincere thank you for all the love and support you have shown me, your Board of Directors and the NCMSA at large this year! With your help, we are connecting physician spouses and partners across our State while strengthening our mission and purpose. The message is simple, we are exponentially stronger together than we are as individuals! We can help each other in wonderful, even personal ways that can and will make a difference in our lives! And, when we put our collective strength and power to work in our communities, everyone benefits! Again, I thank you all for being there for me and I wish you and yours Joy and Peace at the holidays and throughout the New Year.

Love to all~

Deborah Harrell Meehan

Holiday Greeting from your President Elect

The past few months have been a terrific time of getting to know and appreciate the state board members and the work they do on our behalf. Deborah and I have met some of our local leaders and members during our road trips around the state and that has been a lot fun. There will be more miles put on our cars in the New Year and I am looking forward to meeting everyone and getting to know you and how we can be of help. I want to thank you all for the tireless work you put into your Alliances and wish you and your families a wonderful Holiday Season and a Happy and Healthy New Year.

Sheila Josilevich

Calendar of Events

2016

| | |
|------------|--------------------------------------|
| January 15 | Deadline for Tarheel Tandem articles |
| January 21 | State Visit to Mecklenburg County |
| March 15 | Spring Board Retreat |
| March 30 | Doctor's Day |
| May TBD | NCMS Alliance Annual Meeting |

Why Should You Belong to the North Carolina Medical Society Alliance?

Here are three good reasons:

- 1. The NCMSA database contains information on current and past members of most of the alliances in the state.** Contact NCMSA Executive Director, Tracy Steadman, for information on past members with whom you have lost contact.
- 2. The NCMSA can handle billing for dues for your local Alliance as well as for state and national dues.** Want to know who has paid dues this year? Tracy Steadman can provide you with a list of your current members as well as lists of previous members that may not have paid this year.
- 3. The NCMSA focuses on improving the health of North Carolinians,** just as your local Alliance works to improve the health of citizens in your community. Currently, your state dues support our work to improve mental health awareness in North Carolina.

Need Another Reason to Join the NCMSA?

Members of the NCMSA Board of Directors are here to help you with challenges you may be facing in your local Alliance and are a source of ideas for programming, fundraising and membership retention, among other areas. Please see the list below of NCMSA Board members and resources they can offer:

| <u>Board Member</u> | <u>Area of Experience</u> |
|--|--|
| Barbara Savage, Treasurer | Meeting/Event Planning 501(c)3 Questions NCMSA Finance Information |
| Mary Tyrey VP Resource Development | How to Motivate yourself/others Programming Ideas related to Integrative Health |
| Kirby Sheridan VP Program Development | Programming Ideas |
| Wanda Smith VP Membership Development | Membership Retention/Expansion Fashion Show Fundraisers |
| LaRinda Huntley Kaplan | Event Planning Fundraising |