



2025–2026 Impact Report

From our President

Meaningful... rewarding... collaborative... these are three words that illustrate for me this past year as a board member of the North Carolina Medical Society Alliance. We started last June to guide the NCMSA down a new path, away from a membership organization and toward a grantmaking entity, using our funds in an efficient and effective way to address health-related issues in North Carolina. We wanted our efforts to benefit regions throughout the state, especially rural areas.

This required building a grants process and getting the word out about our grants cycles and how to apply. Anne Krishnan worked to create this process with input from the rest of the board. We launched and applications began to arrive. Thank you to Anne for her hard work and guidance to the rest of the board.

I also want to thank our secretary, Susan Edens Hammer for her thorough search through our governing documents and leadership as we made necessary revisions to our bylaws and other documents. Thank you to our treasurer, Barbara Lupton who worked hard to update our banking documents and helped set up our account at the North Carolina Community Foundation, along with Anne, as a part of our grants process.

During our discussion about grant applications and awardees, Uma Avva provided a knowledgeable voice in helping us evaluate applications fairly and thoroughly. My thanks to Uma for sharing her experience with us. I am also grateful to Kim Westermann, our independent consultant who has helped so much with the many administrative tasks that come with change and general operations.

There are changes among the officers and the board for 2026–2027. Anne Krishnan has been elected Secretary and will continue to be Director of Grants. Susan Edens Hammer will serve as Parliamentarian. Barbara Savage stepped away from the board at the end of her term in June. We welcome two new board members—Lori Boies and Katie Lockwood, both from Greensboro. We look forward to working with them this year.



I enjoy working with this board so much! Everyone devotes time to our efforts, does their research, and shares thoughts freely. I am also grateful to our donors who help sustain our grants program. Thank you for your support.

Kirby Sheridan
President 2025–2027
North Carolina Medical Society Alliance

Thank you to our 2025-2026 supporters!

Brian and Lori Boies

Gay Bowman

Charlotte W. Burney in memory of Dr. D. Patrick Burney, in honor of Dr. Elizabeth Burney Malinzak, and in honor of Dr. Michael Malinzak

Susan Edens Hammer in honor of Dr. Beth Schulz-Butulis and Dr. Susan Glenn/Thinh Nguyen, FNP

Linda Hanrahan

Cathy and Haywood Ingram in memory of Ben Stahr and Ben Hoxworth

Anne and Sriyesh Krishnan in honor of Dr. Sethu Krishnan

Ben and Racheal Kunesh

Racheal Kunesh in honor of Ben Kunesh

Fred and Barbara Lupton honoring Dick Savage and in memory of Emmett S. Lupton Sr., MD

Mukesh and Meeti Nigam and family

Beth Osbahr

The Osman Family in honor of the WCMS Alliance Board

Dan and Valerie Paterson in memory of Mary Truslow

William and Debbi Ricks

Barbara Savage

Kirby and David Sheridan in honor of Dr. and Mrs. Dick Savage for their service to medicine and the N.C. Medical Society Alliance

Mary Tyrey in honor of Dr. Scott J. Tyrey

Osi and Patricia Udekwu

Patrick and Beverly Wright

Grantmaking

In 2025–2026, NCMSA granted six nonprofit organizations \$80,000 to support their programs. This is a critical time for so many of our partners, when so many of them are stretching limited resources to meet growing needs across our state. We're thrilled to be able to focus our work on supporting the programs that provide direct care to people who need it most.

During our large grant cycle in fall 2025, we awarded two \$25,000 grants to Mustard Seed Community Health in Greensboro and to Asheville Buncombe Community Christian Ministry Doctor's Medical Clinic.

In spring 2026, we awarded \$10,000 grants to Community Care Clinic of Highlands–Cashiers and Greater Hickory Cooperative Christian Ministry. FIGS of Wake County received \$7,500 and Assist ME received \$2,500.

Our mission

To support organizations improving the health and quality of life for the people in North Carolina

Here's an update on three of our recent partners:

2024



In September 2024, Hurricane Helene devastated entire communities in Western NC. With a \$10,000 grant from NCMSA and support from other donors, WCMS was able to add hurricane relief efforts to their programming between September 2024 and May 2025. During that period, \$87,000 in aid was distributed to Project Access patients and others who found themselves in critical need. Our support facilitated the purchase of durable medical equipment, gas cards, food cards, rental assistance, and prescription medications. Through all that hard work, WCMS formed new partnerships with other nonprofits and found new donors to support their immediate and ongoing work. Learn more about their continuing work to support low-income and uninsured North Carolinians on their website: mywcms.org



Mustard Seed is a clinic serving low-income, underinsured, and uninsured individuals in an historically underserved community in Greensboro, NC. Their \$25,000 grant from NCMSA in fall 2025 provided primary medical care, supportive services, and access to supportive care for individuals and families in the Cottage Grove neighborhood. In 2027, Mustard Seed is planning to expand their services with a move to a larger facility and the addition of a second physician, doubling the number of people they can serve each year. Learn more about the expansion project and campaign on their website: mustardseedhealth.org.

2025

Read about all of our grant recipients on our website: ncmsalliance.org

2026



Assist M.E. works in the greater Charlotte area to provide new and gently used mobility devices so people can return to their communities after an accident or surgery, or simply live more safely at home with a chronic illness or end-of-life transition. A \$2,500 grant from NCMSEA in spring 2026 will be used to purchase brand-new mobility equipment for their clients in Anson County, strengthening their ability to meet rising needs in one of the region's most underserved communities. Learn more about their programs on their website: assistmenc.com.

How to support us

The NC Medical Society Alliance has been serving North Carolina for over 100 years! We are a 501(c)3 nonprofit organization, fueled by charitable donations from our community. We operate on a very modest budget, and our leadership board is a group of dedicated volunteers.

Your donation aids our mission to support organizations who promote and advocate for the health of our fellow North Carolinians.

If you'd like to help with a financial gift, visit our website to make a secure gift: www.ncmsalliance.org/ways-to-give.

Or, send a check to our fund at the NC Community Foundation (3737 Glenwood Ave., Suite 460, Raleigh, NC 27612). Make your check payable to "NC Community Foundation" with "NCMSA Fund" in the memo line.

Donors will be recognized for their cumulative giving between June 1, 2026 and May 31, 2027 at the following levels:

Sadie McCain Circle (\$500+)
Champion (\$250-\$499)
Advocate (\$100-\$249)
Friend (\$50-\$99)

NCMSA 2025-2026 Board of Directors

Kirby Sheridan
President

Meeti Nigam
Immediate Past President

Barbara Lupton
Treasurer

Susan Edens Hammer
Secretary

Anne Krishnan
Director of Grants

Uma Avva

Cathy Ingram

Zohra Osman

Barbara Savage

Mary Tyrey