Steps to Distance Conversion Chart

STEPS	MILES
500	.25
1000	.50
1500	.75
2000	1.00
2500	1.25
3000	1.50
3500	1.75
4000	2.00
4500	2.25
5000	2.50
5500	2.75
6000	3.00
6500	3.25
7000	3.50
7500	3.75
8000	4.00
8500	4.25
9000	4.50
9500	4.75
10,000	5.00