

# MD Connection

Wake County Medical Society Alliance

February 2005

## The Wake Walkers

The Wake Walkers team of Joyce Killinger, Kathryn Gerber, Virginia Anthony, Pat Udekwu, Ginny Pierson, Ginny Watters, Suzanne Bartels, Randi Holmes, Jane Pinsky, and Julie Newman logged the equivalent of 4,457 miles from July 1 to December 31! Way to go team!

The top three walkers of Kathryn, Joyce, and Julie have been added to the North Carolina team for the overall total miles to be submitted as part of Shape Up America, the AMAA fitness competition. Winners will be announced at the Leadership Training in Chicago at the end of January.

If there is another competition, we'll be looking for more members or maybe a complete second team. We'll keep you posted!

## Pearls, Valued as a Gem

Tuesday, February 15, 2005 (9:30 am)  
Home of Mary Rollins, 2500 Wake Drive, Raleigh, 781-9048



Don't miss the chance to see Charles Frank, Goldsmith, speak at our February General Meeting. We will see shanks of pearls in many styles; learn the significance of their size, shape, luster, and color; and hear tips for taking care of your pearls. Keep your eyes out for Jamie Hosseinian, current NC Medical Society President, and Ann Faris, the State President-Elect, who will both attend the meeting.

Remember, you must send in your completed Raffle Ticket Order Form (from December newsletter or flyer in the mail) by FEBRUARY 12 to win an 18-inch rope strand of white twin baton pearls valued at \$200.

**DIRECTIONS:** From 440, take the Glenwood Ave S (70 East) exit toward downtown. Proceed on Glenwood Ave. to the intersection of Glenwood and St. Mary's Street. At the light, turn right onto St. Mary's and then right again immediately onto Wake Drive. 2500 is the first house on the right.



## Do you know who your elected officials are?

To find out who your representatives are, go to:  
<http://www.wakegov.com/general/elections/officials.htm>

To find out what is happening in the General Assembly, go to:  
<http://www.ncga.state.nc.us>

## Welcome Alliance Babies!

- **Wendy Honeycutt** - granddaughter, *Carly Alyssa Makgill*, December 7, 2004
- **Barbara Myers** - grandson, *Logan Douglas Myers*, December 16, 2004
- **Kile Law** - son, *Lang*, December 22, 2004
- **Marcie Garside** - grandson, *Mark Alexander Garside*, January 9, 2005

## SHARE YOUR NEWS

If you have news that you would like to share in the *Wake County Physician*, please send it to Jane Pinsky via email at [jandr@deltaforce.net](mailto:jandr@deltaforce.net) or snail mail: 2004 Inverness Ct., Raleigh, NC, 27615. Photos are welcome!

## DON'T FORGET!



RSVP to our April General Meeting: Replacements, LTD by calling Suzanne Zeok at 878-7846.

## Legislative Update

Beginning February 1st, Alliance members will meet at the general assembly on the first Tuesday of each month. We will gather on 1000 courtyard of the legislative building on Jones Street (across from the Science and History museums) at about 9 or 9:30 am. We will try to visit as many members of the Wake County delegation as we can. You can join us for all or part of each Tuesday. (If you plan to join us after 9 am, please call Jane Pinsky on her cell phone when you get to the General Assembly.)

There is nothing special to know or do in advance, and nothing to be afraid of—just come with a willingness to say hello to your elected officials and begin to build a relationship.

We will run a very short “how to lobby” session if there are Alliance members who want one—as a separate session or at the beginning of each month's lobbying session. Please invite other physician spouses, both Alliance members and others, to join us.

For questions or comments about lobbying or these sessions, please contact Jane Pinsky at 878-4006 (work), 271-0630 (cell), or 878-0077 (home), or by email at [jandr@deltaforce.net](mailto:jandr@deltaforce.net).

*Remember, you get the government you deserve.*

PLEASE JOIN US - IT WILL BE FUN!

# Early 2005 Alliance Calendar

Don't forget about these other fun and exciting Alliance events! As always, look for more details in invitations in the mail or the next newsletter.

*REMEMBER – The first Tuesday of every month is the lobbying session!*

<b>February 3</b> 12:30 – 2:00 pm	BOARD MEETING Poe Center for Health Education
<b>February 15</b> 9:30 am	GENERAL MEMBERSHIP MEETING: <i>Pearls, Valued As A Gem</i> Home of Mary Rollins, 2500 Wake Drive, Raleigh, 781-9048
<b>March 5</b>	HEALTH FAIR Triangle Town Center, Raleigh
<b>April 7</b> 12:30 – 2:00 pm	BOARD MEETING Poe Center for Health Education
<b>April 19</b> 9:30 am	GENERAL MEMBERSHIP MEETING: <i>Replacements, LTD.</i> Home of Bonnie Woodruff, 3513 Chaucer Place, Raleigh, 782-9657
<b>May 19</b> 12:30 – 2:00 pm	JOINT BOARD MEETING Home of Susan Hammer
<b>May 10</b>	APPLAUSE LUNCHEON

## WCMSA

2004-2005

Executive Committee

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