

# MD CONNECTION

Wake County Medical Society Alliance

October 2006



Flavia Eifrig (new member), Louise Wilson (prospective member), Jan Garside (existing member)

## PRESIDENT'S LETTER



We are off to a great start this year with the success of our September events. We had a productive first board meeting, first general membership event and a well-attended Java Jumpstart. **Mary Tyrey** and **Claire Casey**, our dynamic membership duo, did a wonderful job of organizing this welcome event. More details about Java Jumpstart and our new Alliance members can be found in this newsletter.

Our first board meeting took place on September 14<sup>th</sup>. We talked about the upcoming year, the implementation of our three year plan and progress made thus far.

With this new Alliance year just underway, some changes and additions have been made to the board and some positions are still open. **Shelia Warner** is serving as our corresponding secretary and **Mary Rollins** is our parliamentarian. We still have a few more positions to fill and are currently looking for team leaders for program development and communications. These team leaders, in turn, will be looking for people to serve on their teams. If you are interested in taking on a leadership role or serving on one of the teams, please contact me. Remember, we are taking the team approach going forward so no one person is responsible for everything. Membership and SAVE are great examples of how we are sharing the work and the fun.

We also had a great time at our first general meeting of the year, held at Raindrops on Roses. The topic was scrapbooking and as I soon found out, it is not as easy as it looks, but it *is* a lot of fun. Thank you to our President-elect, **Debbie Lane**, for arranging this fun event.

Please mark your calendars with the new **SAVE event** date, which has now been moved to **December 2<sup>nd</sup>**. Our SAVE committee is planning something fabulous and details will be sent out soon.

A great way to get to know other Alliance members is by participating in the special interest groups and attending Alliance events. Information about our events and interest groups can be found in the yearbook. **Susan Hammer** and **Suzanne Zeok** have worked very hard on the yearbook, which is being finalized and will be mailed to you soon.

I look forward to seeing you at an upcoming Alliance event this month!

*Pat Udekwi* 872-9471 [pudekwi@nc.rr.com](mailto:pudekwi@nc.rr.com)

## JAVA JUMPSTART RECAP

On September 7<sup>th</sup>, the Alliance held its annual newcomers' coffee at the home of Claire Casey. The event was organized by Mary Tyrey and Claire and was a big success. Not only did we get to meet our newer members, we also met prospective members and reconnected with some members we haven't seen in a while. It was exciting to see how many dynamic individuals are in our midst. We look forward to getting to know our new members better at future Alliance events!

### **Symposium 2006 Risky Business: Why Kids Do What They Do**

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The NCMSA will present its Symposium on Friday, October 27, at the Grandover Resort in Greensboro, NC. This summit will focus on brain development and adolescent risk-taking behavior. Keynote speaker, Barbara Strauch, will focus on recent scientific discoveries about the transformation of the teenage brain. For fees, complete schedule and a registration form watch your mail or visit: [www.ncmsalliance.org](http://www.ncmsalliance.org).

Also register for the special post-Symposium event with Ed Smart, "Predators in your Own Backyard."

### *Monet in Normandy*

Thursday, October 12<sup>th</sup> (9:30 am)

Home of Anna Hattaway

425 Drummond Drive, Raleigh 27609

The Alliance will be one of the first in Raleigh to see the new *Monet in Normandy* exhibit! Anna Hattaway, an Alliance member and former Docent of the Art Museum has arranged for us to view a slide show of the 50 paintings by beloved impressionist master, Claude Monet, days before the exhibit opens! This exhibition includes some of Monet's most celebrated works—his paintings of Normandy's fields and coast, his garden and water lily pond at Giverny, and Rouen's cathedral—drawn from museum and private collections around the world. Coffee will be served at 9:30 am with the presentation beginning at 10:00am. A business meeting will follow. Please RSVP by October 10<sup>th</sup> to Debbie Lane, [debrnz4it@yahoo.com](mailto:debrnz4it@yahoo.com) or 788-0800. For exhibit dates and times, please call NCMOA at 715-5923.

## Welcome to our New Members!

**Margaret Boyse, M.D.** (*Dermatology and Skin Cancer Center*), spouse Ted Boyse (*Captial Radiology*)  
**Shonette Charles**, spouse Kirk Charles, M.D. (*Wake Med Faculty Physicians*)  
**Shannon Eddleman**, spouse David Eddleman, M.D. (*Raleigh Surgical Group*)  
**Flavia Eifrig**, spouse Charles W.G. Eifrig, M.D. (*Retina Associates*)  
**Robin Eisenbeis**, spouse Charles Eisenbeis, M.D. (*Cancer Centers of NC*)  
**Mills Isbell**, spouse William Martin Isbell, M.D. (*Raleigh Orthopaedic Clinic*)  
**LaRinda Huntley Kaplan**, spouse Seth A. Kaplan, M.D. (*Wake Internal Medical Consultants*)  
**Liz Lyle**, spouse W. Glenn Lyle, M.D. (*Raleigh Plastic Surgery*)  
**Jack Newman, M.D.**, spouse Julie Newman  
**Elizabeth Rieker**, spouse Paul Rieker, M.D. (*Critical Healthcare Systems*)  
**Julie Taber, M.D.** (*Raleigh Radiology*), spouse Rhett Taber

## Q & A



**Q:** What is a safe way to get rid of ants? We have a pet that licks and chews everything and small children so it has to be REALLY safe.

**Q:** Who should I call to do some tile work?

**Q:** Does anyone know a brick mason willing to take on a small job?

This is our new forum for trading useful information. If you have a question you need answered, send it to us and we'll put it in the next issue to ask for answers from other members. If you have an answer or suggestion to the questions posed, send it to Claire Casey ([Brunicasey@aol.com](mailto:Brunicasey@aol.com)) and we'll put it in the next issue.



### Alliance Playgroup

Mon., October 2nd (10:00 am)  
 North Hills Park

100 Chowan Circle, Raleigh 27609

Join other moms with young babies or toddlers for a playgroup at the park! Please call Kimberly if you have questions or for the back-up plan if it rains, (c)624-9505.

### WCMSA Calendar

October 11 (9:30 am) – Book Club, Home of Heather Mikles

October 12 (9:30 am) – Monet in Normandy, Home of Anna Hattaway

October 26-28 – NCMSA Symposium and Race, The Grandover, Greensboro

December 2nd – SAVE Dinner, Location TBD

**MD Connection Contacts:** Kimberly Logel (544-1441, [thelogels@yahoo.com](mailto:thelogels@yahoo.com)); Claire Casey (781-2030, [brunicasey@aol.com](mailto:brunicasey@aol.com))

**E-MAIL NOTICE:** Please do not use our newsletter e-mail distribution list to communicate with WCMSA members; it is only for distribution of the newsletter, invitations, and important notices. Thank you for your consideration.



## Book Club

Wed., October 11 (9:30 am)  
 Home of Heather Mikles  
 8204 Dreamy Way  
 844-7347

This month's selection is *The Wife* by Meg Wolitzer. We hope to see you there!



The 2<sup>nd</sup> Annual  
 NCMSA  
 County

Challenge begins October 1<sup>st</sup>! Log your fitness miles every month to help our team win!! Email Shonette Charles, GetFit team captain, at [kscharles@yahoo.com](mailto:kscharles@yahoo.com), to sign up.

Don't forget to save the date for the 2<sup>nd</sup> Annual GetFitNC Road Race on October 28<sup>th</sup> at the Grandover Resort in Greensboro. For more information, go to [www.ncmsalliance.org](http://www.ncmsalliance.org).